

Anti – Bullying Policy in Action at Trinity Gardens School

Bullying can take many forms. We consider the following behaviours to be bullying:

Physical

- hitting, kicking, punching
- pushing, shoving, spitting
- making rude gestures
- taking or damaging something which belongs to someone else
- forcing others to hand over food, money or something which belongs to them
- making someone do something they don't want to

Verbal

- name calling
- teasing
- threatening
- making fun of someone because of their appearance, physical characteristics or cultural background
- making fun of someone's actions

Indirect

- excluding others from the game or group
- spreading stories about others
- spreading untrue stories about others

IF BULLYING OCCURS:

- we may feel frightened, unsafe, embarrassed, angry or unfairly treated, our work, sleep and ability to concentrate may suffer
- our relationships with our families and friends may be affected and we may feel confused and not know what to do about the problem.

STRATEGIES TO DEAL WITH BULLYING

At Trinity Gardens School we will:

- Openly talk about bullying – what it is, how it affects us and what we can do about it.
- Teach our children the skills which will build their self-esteem and empower them to take the responsibility for themselves – and give them the opportunity to practise these skills.
- Implement the policy which clearly states what actions we will take to deal with bullying behaviour.

Responsibilities of staff:

- be role models in word and action at all times
- ensure that our classroom management practices support respect for others
- be observant to signs of distress or suspected incidents of bullying
- deal with all reported and observed incidences of bullying as set out in the policy
- ensure that children are supervised at all times;
- during yard duty make efforts to remove occasions for bullying by actively patrolling
- arrive at class on time and move appropriately between lessons including specialist lessons
- report incidences of bullying to the leadership team if this is warranted

Responsibilities of children:

- to 'tell' (eg. a parent, teacher, staff member) if they are being bullied or if they see someone else being bullied – both at school and on the way to or from school
- to help someone who is being bullied
- to not bully others

Responsibilities of parents

- to watch for signs that their child may be being bullied eg. unwillingness to attend school, a pattern of headaches, missing equipment, requests for extra money, damaged clothes or bruising
- to speak to someone on staff (classroom teacher first) at Trinity Gardens School if their child is being bullied, or they suspect that this is happening
- to encourage their child to 'tell' if they are bullied